



Wasatch County Fair 2006

10 K Race – Area Map

Solider Hollow – Site of the 2002 Cross Country 7 Biathlon Events

The course of the 10K will follow along on Soldier Hollow's cross country ski trails. The course is considered hilly but includes gradual slopes and flat areas.

Below is a map of the Solider Hollow Trail System.



Legend			
	First Aid / Ski Patrol		Lodge
	Information		Restrooms
	Yurt		Lockers
	Showers		Food
	Parking		Tubing
	Competition Center		View Point
	Olympic Stadium		Wax Cabin
	Ski School Meets Here		
	Biathlon Range		
	Western Experience Amphitheater		
	Tate Barn		
	Soldier Hollow Railroad Platform		
	Heber Valley Railroad		

Map not to scale

Safety
There are elements of risk in skiing that common sense and personal awareness can help reduce.
1. Maintain control of your speed and direction at all times.
2. Ski in a manner that does not endanger others.
3. Do not stop where you obstruct a trail or are not visible by others.
4. Obey all signs and posted warnings.
5. Keep off closed trails.
6. Report all accidents.
Above all, be safety conscious!
WARNING!
Grooming machines and maintenance personnel may be on the trails at any time!

Trails	
Trails are divided into three levels of difficulty:	
	Easier, Beginner
	More Difficult, Intermediate
	Most Difficult, Advanced
	Snow and Easy 2 km
	Heber Valley Express 3 km
	Goin' Home 2 km
	The Hollow 2 km
	Little Buckaroo 3 km
	Big Buckaroo 1 km
	Spin 'n' Grin 2 km
	Pony Express 5 km
	The Last Go-Round . 10 km Follow trail signs
	Olympic 5 km
	Roller Coaster 4 km
	The Finger of Fate . . 1 km